

Bella Italia

Pizza ♥ Pasta ♥ Grill

GLUTEN-FREE MENU

At Bella Italia we have something for everyone, which is why we have a large range and variety of gluten-free options available. Ask your server for a main menu to see prices.

WHILE YOU WAIT

Sicilian Olives ^{VG}

Large, green Sicilian Giarraffa olives

Pizza Breads to share

Gluten-free pizza base with your choice of toppings

Choose from:

- **Garlic & Parsley Butter** ^V
- **Caramelised Onion & Mozzarella** ^{V VG*}
- **Mozzarella with Garlic & Parsley Butter** ^V
- **Spicy 'Nduja Sausage & Mozzarella**

STARTERS

Polpette ^{VG}

Oumph! Plant based "meatballs" in a spicy tomato sauce and topped with melting mozzarella. Served with toasted gluten-free flat bread

Bruschetta ^{VG}

Toasted gluten-free flat bread topped with baby plum tomatoes, red onions marinated in garlic, olive oil and basil

Add **Torn Bufala Mozzarella** ^V

Funghi Arrosto ^V

Chestnut mushrooms oven-baked with melted mozzarella, wilted baby spinach leaves and a mascarpone & porcini sauce. Served with toasted gluten-free flat bread

Gamberi

King prawns baked in garlic and chilli butter, served with toasted gluten-free flat bread

Caprese ^V

Bufala mozzarella, plum tomatoes, avocado, basil and olive oil

^V Vegetarian

^{VG} Vegan

*Asterisk after symbol denotes dish can be made vegan on request

Full allergen menus available on request.

We appreciate the importance of dietary requirements & test our dishes for the presence of gluten.



SCAN ME

ALLERGEN INFORMATION

Full allergen menus available on our website, or via the QR code on the left. All of our dishes are prepared and cooked in kitchens where allergen ingredients (e.g. nuts, flour, etc.) are commonly used, and we therefore cannot guarantee our dishes will be free from traces of these products. Olives may contain stones. Chicken, fish and duck dishes may contain bones.

ITALIAN CLASSICS

Pollo Funghi

Grilled chicken breast in a chestnut mushroom, mascarpone & porcini sauce served with roast new potatoes and a rocket salad

NEW Porchetta

Oven-roasted pork belly in a thyme, garlic and fennel sauce with crispy pork crackling, roast new potatoes and a rocket salad

Salmone Al Forno

Oven-baked salmon fillet served with onions, pancetta, baby vine tomatoes and a cannellini bean and sugar snap pea ragù

GRILLS

8oz* Sirloin Steak

Served with sautéed mushrooms, rocket and mixed salad
Add **Garlic Butter**

Black Angus Burger

6oz beef burger in a gluten-free bun with baby gem lettuce, sliced tomato, red onions and mayonnaise. Served with a mixed salad

Add **Melted Mozzarella or Pancetta**

Oumph! Burger ^V

100% plant protein & soy burger in a gluten-free bun with baby gem lettuce, sliced tomato, red onion and mayonnaise. Served with a mixed salad

SALADS

Insalata Caprese ^V

Bufala mozzarella, plum tomatoes, avocado, basil, olive oil & toasted gluten-free garlic flat bread

NEW Insalata Giardiniera ^{VG}

Gem & frisée lettuce, rocket, baby plum tomatoes, roast red onions and red peppers, Pachino tomatoes, olives, olive oil, pine nuts and balsamic dressing

Add **Chicken or Salmon**

SIDES

Mixed Salad ^{VG}

Tenderstem Broccoli & Sugar Snap Peas ^V

Roast New Potatoes ^{VG}

GLUTEN-FREE MENU (CONTINUED)

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PASTA

Made with gluten-free penne pasta

Pomodoro ^{VG}

A traditional rich tomato sauce with baby plum tomatoes and basil

Carbonara

A traditional creamy carbonara sauce with crispy pancetta

Bolognese

Served with our own slow-cooked beef ragù

Vegan option available ^{VG}

NEW Gamberoni Piccante

Tail on king prawns, baby plum tomatoes, chilli, garlic and white wine

Pollo Pesto

Roast chicken, onion, red peppers and baby plum tomatoes in a basil pesto sauce

Cacio E Pepe

Roast chicken and pancetta in a pecorino cheese, wild garlic & black pepper sauce topped with crispy Granello cheese and prosciutto

Funghi Crema ^V

Garlic & thyme baked mushrooms and wilted baby spinach leaves, in a porcini & mascarpone sauce

Marco Polo

Pulled duck, spring onions and mushrooms in a sweet plum sauce

NEW Luganica

Luganica sausage, broccoli and pancetta in a spicy tomato sauce

Polpette Americano ^{VG}

Oumph! Plant based "meatballs" and roasted red onions in a spicy tomato sauce

RISOTTO

NEW Risotto Pollo Piselli

Wild garlic and pea risotto with chicken, pancetta, spring onions and mint

Risotto Zucca ^{VG}

Butternut squash risotto with roasted leeks, Pachino tomato and wilted spinach leaves. Topped with pine nuts

We donate 25p to Dreams Come True for every Risotto Zucca we sell.

PIZZA

Made with gluten-free pizza base

Margherita ^V ^{VG*}

Tomato, mozzarella and basil

Queen Margherita ^V

Tomato & mozzarella base, oven baked then topped with torn bufala mozzarella, toasted pine nuts, rocket and green pesto

Campagna ^V

Goat's cheese, peppers, onion, mozzarella and pine nuts, finished with rocket and a balsamic glaze

Prosciutto Bufala

Tomato and mozzarella base, oven-baked then topped with prosciutto, torn bufala mozzarella, Pachino tomatoes and rocket

Pollo Vesuvio

Spicy pulled chicken, roast peppers, onion, fresh green chilli and mozzarella on a fiery tomato sauce base

Carne Mista

Italian pepperoni, spicy 'nduja and Luganica sausage, salami, chicken and mozzarella on a tomato base

Gamberoni

King prawns, baby plum tomatoes and fresh green chilli on a fiery tomato base with mascarpone, mozzarella and a chargrilled half lemon

Pepperoni Piccante

Italian pepperoni, fresh green chilli and mozzarella on a tomato base

Cotto

Smoked ham, garlic mushrooms and mozzarella on a tomato base

NEW Salami Dolcelatte

Spianata salami and dolcelatte soft blue cheese on a mascarpone mozzarella base, garnished with rocket and Granello cheese

Create Your Own

Margherita with your choice of two toppings

Choose from:

Roast Pepper ^{VG}, Red Onion ^{VG}, Green Chilli ^{VG}, Olives ^{VG}, Garlic Mushrooms ^{VG}, Bufala Mozzarella ^V, Goat's Cheese ^V, Pepperoni, Cotto Ham, Chicken, Prosciutto, Spicy 'Nduja Sausage

DESSERTS

Gelato ^V

Vanilla ^{VG*}, raspberry sorbet ^{VG}, strawberry, chocolate or honeycomb

NEW Raspberry Semifredo ^V

Raspberry and pistachio semifredo with white chocolate and marshmallow sauce

NEW Lemon Meringue Pie ^V

Buttery Italian lemon curd in a pastry case, topped with sweet meringue and served with white chocolate sauce

^V Vegetarian ^{VG} Vegan *Asterisk after symbol denotes dish can be made vegan on request

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