## **NIBBLES**

Large green Amfissa olives, brine soaked and buttery with a tart, citrussy balance

Soft pitted "Douce Noire", naturally ripened then dry cured in sea salt, a firm meaty texture with notes of liauorice and aniseed

A mix of our areen and black olives

# LET'S GET STARTED

Calamari (516kcal) 8.29 Lightly dusted deep fried squid, served with lemon & black pepper mayonnaise

Garlic Dough Balls 🔍 Oven baked and served warm Garlic Butter (486kcal) 5.99 NEW RECIPE Mozzarella - Fondue Style (492kcal) 7.29

Meatballs (445kcal) (6 7.59 Pork meatballs cooked in a rich tomato sauce, topped with pecorino cheese and served with toasted garlic ciabatta slice

Kina Prawns (43|kcal) (1) 8.49 Oven baked in garlic and chilli butter, served with toasted aarlic ciabatta slice

Mushroom Al-Forno (40 kcal) (V) (F)\* 6.99 Chestnut mushrooms cooked in a creamy porcini sauce, topped with pecorino cheese and served with toasted garlic ciabatta slice

Tomato Bruschetta (423kcal) 16 6.79 Lightly togsted garlic ciabatta topped with baby and plum tomatoes, red onion and fresh basil oil Add: Buffalo Mozzarella (198kcal) (V) £1.00

**NEW** Cheese Filled Gnocchi Bites (39Okcal) 7.29 Crisp fried potato balls, filled with cheese and black pepper, served with smoked chipotle chilli jam

#### **FLATBREADS** Perfect for 2 to share!

Garlic (398kcal) (V) (6\* (6)\* 5.59 Garlic and parsley butter

Mozzarella & Garlic (477kcal) (V) (6\* (6\* 6.99 Mozzarella, garlic and parsley butter

Caramelised Onion (584kcal) (V) (F\* 7.29 Caramelised onion, garlic and mozzarella

NEW Tomato & Basil (332kcal) (G (F 5.59 Tomato base, oregano and fresh basil oil

### SIDES

Fries (54Okcal) (0)\* (1)\* 4.29 Mixed Salad (116kcal) (6 (6 4.29 Sweet Potato Fries (509kcal) 4.99 Garlic Ciabatta (227kcal) (V) 3.99 Coleslaw (134kcal) (V) (F) 3.99 Steamed Spinach (97kcal) VG (I) 3.99



Carbonara (978kcal) 14.59 An Italian favourite with crisp pancetta lardons, tossed with spaahetti in a creamy cheese sauce with pecorino cheese and black pepper Add: Chicken (94kcal) £2.49

**Buffalo** Pomodoro (682kcal) (V) (G\* (G\* 11.49 Rigatoni pasta with baby plum tomatoes in a traditional tomato sauce, topped with torn buffalo mozzarella

Boloanese (727kcal) (6)\* (6)\* (13.59 Slow cooked beef bolognese served on spaghetti

Spaghetti and Meatballs (1153kcal) 14.79 Pork meatballs in a tomato and aarlic sauce, tossed with spaghetti and finished with pecorino cheese and fresh parsley

Pollo Cacciatore (874kcal) (14.79 Pulled chicken, pancetta, red onions, tossed with pappardelle pasta in a white wine and tomato sauce. Finished with pecorino cheese

# YOU HAD ME AT PIZZA

FANCY SOMETHING LIGHTER? Choose any half pizza with mixed salad

#### **CLASSICS**

Margherita (791kcal) (V) (6)\* (6)\* 11.49 Good old classic! Tomato, mozzarella and basil - Go lighter (479 kcal)

Pepperoni (1000kcal) (6 (6 13.49 Our classic Margherita topped with pepperoni slices Double up your pepperoni (268kcal) (G\* (GF) £2.00 - Go liahter (616kcal)

Chicken, Ham and Mushroom (941kcal) (13.99 Pulled chicken, roasted ham and sliced mushrooms on our classic mozzarella and tomato base Go liahter (587kcal)

Vegetariana (858kcal) (V) (G\* (G\* 12.79) Red peppers, spinach and red onion on a mozzarella and tomato base, finished with a sweet balsamic alaze Go lighter (545kcal)

Calzone (IIIIkcal) 15.79 Folded pizza stuffed with chicken, pork meatballs and spicy 'nduja sausage and topped with tomato sauce and mozzarella

#### EXTRA TOPPINGS Want to personalise your pizza? Here are some suggestions, ask your server for the full list.

<b>£1.25</b> per topping	<b>£2.00</b> per topping
Mushrooms VG GF (13kcal)	<b>Chicken</b> (6)* or (6)* (94kcal)
Red Onion (G) (47kcal)	Pepperoni (C)* (GF) (268kcal)
NEW Black Olives (G) (F) (86kcal)	NEW Goats' Cheese V () (67kcal)

# **BELLA ITALIA**

# IT'S ALL ABOUT PASTA

Marco Polo (943kcal) (16.59 Strozzapreti pasta and pulled duck, mixed with spring onion, roasted mushrooms and a sweet plum sauce

Gamberoni (797kcal) 🐨 16.29 Spaghetti with king prawns, cooked with baby plum tomatoes, white wine, aarlic and chilli in a red pepper and tomato bisque

NEW RECIPE Pollo Funghi (727kcal) (14.59 Mafalde pasta pieces with pulled chicken and chestnut mushrooms in a creamy porcini sauce, enriched with mascarpone cheese

NEW Spicy Sausage (937kcal) 14.79 Rigatoni pasta with luganica and 'nduja sausage, cream, chilli and fresh parsley

Pesto Genovese (570kcal) (14.59 Strozzapreti pasta with couraette ribbons. peas and spring onion, tossed with pesto Genovese and fresh lemon. Finished with toasted pine nuts and pecorino cheese Add: Ham Hock (6lkcal) ( £2.49

Chicken (94kcal) (1) £2.49

#### **SPECIALS**

NEW Formaggio (973kcal) (V) (14.59 Tomato base with mozzarella, smoked scamorza, goats' cheese and Dolcelatte. Finished with Roquito Hot Honey drizzle - Go lighter (634kcal)

Meat Feast (1242kcal) (V\* 16.29 Pork meatballs, pulled chicken and pepperoni slices on our classic mozzarella and tomato base, finished with oregano and Roguito Hot Honey drizzle - Go lighter (737kcal)

Piccante (10,95kcal) (F) 15.99 Turn up the heat with spicy Abruzzo 'nduia sausage, fresh chilli, tomato, mozzarella, roquito chilli pearls and fresh garlic oil - Go liahter (664kcal)

NEW Prosciutto Buffalo (1087kcal) (16.59 Tomato and mozzarella base, finished with fresh buffalo mozzarella, wild rocket and sliced cured prosciutto - Go lighter (659kcal)

NEW Mushroom, Truffle and Pecorino (1305kcal) (114.79 Porcini mushroom cream and mozzarella cheese base, topped with roasted chestnut mushrooms, fresh spinach, pecorino cheese, drizzled with black truffle oil - Go lighter (768kcal)

**NEW CRUST DIPS** Enjoy 3 dips for **£1.50**, or **75p each** Charcoal BBQ (VG) (GF) 'Nduja Tomato 🕞 Garlic & Herb 🕔 🕼 Tomato & Roasted Aubergine (G) (GF) 177kcal



Layers of pasta sheets, beef raqù and creamy béchamel sauce, oven baked with melting mozzarella

Rigatoni Pepperoni (1169kcal) 15.29 Rigatoni pasta in a rich tomato sauce with pepperoni, bolognese and pecorino cheese, with a melting mozzarella top

Four Cheese Macaroni (1123kcal) (V) 13.99 Macaroni pasta in a three cheese sauce with Dolcelatte, oregano and a crispy crumb topping

#### NEW RISOTTO

Pea and Asparaaus (936kcal) (G 13.99 Carnaroli rice, garden peas and asparagus spears with fresh herbs, plantbased cheese and extra virgin olive oil. Garnished with fresh basil oil Add: Pancetta (226kcal) £2.00 Chicken (94kcal) £2.49

Mixed Seafood (562kcal) 15.79 Carnaroli rice, mussels, squid and king prawn, with parsley, pecorino cheese,

lemon juice and butter to enrich

# SOMETHING DIFFERENT

Cheeseburger (973kcal) (15.29 Beef burger with smoked cheese, baby gem lettuce & ketchup, in a brioche bun. Served with your choice of fries (540kcal) or mixed salad (116kcal) Add: Extra Patty (457kcal) (1) £3.50

Grilled Chicken Burger (797kcal) (15.29) With smoked cheese, roasted red pepper, basil pesto mayo, rocket and tomato sauce. Served with your choice of fries (54Okcal) or mixed salad (116kcal)

Breaded and butterflied chicken breast dusted with pecorino cheese, with melted garlic butter to pour. Served with your choice of fries (54Okcal), mixed salad (116kcal) or tomato spaghetti (252kcal)

Pesto filled chicken supreme, wrapped in prosciutto ham and oven baked. Served with a porcini cream sauce, steamed spinach & roasted spring onion

Pan roasted sea bass fillet, served with a baby green vegetable ragu. Finished with fresh basil

Chicken Caesar Salad (78Okcal) (14.79 Chopped gem and radicchio lettuce tossed with pecorino cheese, Caesar dressing and fresh basil. Topped with ciabatta croutons and roasted sliced chicken breast

NEW Italian Garden Salad (241kcal) (G) (G) 13.29 Warm roasted red pepper, courgette and onions with rocket, radicchio lettuce, baby plum tomatoes, black olives and balsamic vinegar, served on a bed of flame roasted auberaine puree Add: Chicken (94kcal) (F) £2.49

Goats' Cheese Crostini (284kcal) (V) £2.00

#### **STARTERS** NEW RECIPE Mozzarella Tomato Garlic Douah Balls (492kcal) (V) Bruschetta (423kcal) 🐨 🐨 Fondue style cheesy dough Lightly toasted garlic

**SET MENU** 

TWO COURSES 16.95 | THREE COURSES 19.95

balls, flavoured with fresh garlic, ciabatta topped with baby oregano and mozzarella cheese and plum tomatoes, red onion and fresh basil oil

Meatballs (445kcal) (6\* Add: Buffalo Pork meatballs cooked in a Mozzarella (198kcal) (V) £1.00 rich tomato sauce, topped with pecorino cheese and served with Mushroom toasted garlic ciabatta slice

**NEW** Cheese Filled

Carbonara (978kcal)

An Italian favourite with crisp

pancetta lardons, tossed

with spaghetti in a creamy

cheese and black pepper

Add: Chicken (94kcal) £2.49

cheese sauce with pecorino

Gnocchi Bites (394kcal)

with smoked chipotle chilli iam

Chestnut mushrooms cooked in a creamy porcini sauce, topped with pecorino cheese and served Crisp fried potato balls, filled with with toasted garlic ciabatta slice cheese and black pepper, served

# MAINS

#### NEW Italian Garden

Warm roasted red pepper. courgette and onions with rocket, radicchio lettuce, baby plum tomatoes, black olives and balsamic vinegar, served on a bed of flame roasted aubergine puree Add: Chicken (94kcal) (F) £2.49

- CLASSIC PIZZAS

FANCY SOMETHING LIGHTER?

Choose half pizza with mixed sale

Margherita (791kcal) (V) (G\* (G\*

Our classic Maraherita topped

Good old classic! Tomato,

mozzarella and basil

Go liahter (479kcal)

**Buffalo** Rigatoni pasta with baby plum tomatoes in a traditional tomato sauce, topped with torn buffalo mozzarella

Our slow cooked beef bolognese served on spaghetti

tomato sauce. Finished with

and creamy béchamel sauce, oven

baked with melting mozzarella

**NEW Spicy Sausage** (937kcal)

Rigatoni pasta with luganica

and 'nduja sausage, cream,

chilli and fresh parsley

pecorino cheese

Lasagne (647kcal)

Pollo Cacciatore (874kcal) Pulled chicken, pancetta, red onions, tossed with pappardelle pasta in a white wine and

with pepperoni slices Double up your pepperoni  $\widehat{\mathbb{VG}}^*$   $\widehat{\mathbb{GF}}$ (268kcal) **£2.00** Go lighter (616kcal) Layers of pasta sheets, beef ragù

Veaetariana (858kcal) (V) (G\* (G\* Red peppers, spinach and red onion on a mozzarella and tomato base, finished with a sweet balsamic glaze Go lighter (545kcal)

# DESSERTS

#### Cookie

Warm chocolate chip cookie dough, made with gluten free oats, with a melting chocolate middle. Served with vanilla aelato and caramel sauce

mascarpone cream and cocoa

Tiramisu (422kcal) (V) (A) Coffee soaked sponge layered with coffee liqueur, Choose 3 scoops of our deliciously creamy gelato. Ask your server for a full list of flavours, toppings and sauces

Brownie (588kcal) (V) (F)

Warmed double chocolate

brownie served with vanilla

gelato, dark chocolate sauce

and a salted caramel drizzle

🕐 Vegetarian 🕔 Can be made vegetarian on request 🛞 Vegan 🛞 Can be made vegan on request 🕼 Gluten free 🐵 Can be made gluten free on request 🚯 Contains alcohol

Chicken Milanese (917kcal) 16.29

NEW Chicken Genovese (676kcal) (F) 16.79

Sea Bass (505kcal) (F 17.29 plum tomato, cannellini bean, red onion and

# BELLA ITALIA

ALLERGEN INFORMATION For allergen information on all of our dishes, please visit www.bellaitalia.co.uk/allergy or scan this QR code



If you suffer from nut or other allergies, allergen menus are available on request. Olives may contain stones. Chicken, fish and duck dishes may contain bones. All our dishes are prepared in kitchens where nuts, flour, etc. are commonly used, and we therefore cannot guarantee our dishes will be free from traces of these products. All dishes may contain ingredients not listed in the menu descriptions. All prices include VAT (GST in Jersey). A full copy of our tipping policy is available on our website at www.bellaitalia.co.uk. If for any reason we fail to live up to your expectations, please discuss your concerns with the team member who served you and allow them the opportunity to address your dissatisfaction. Alternatively, please visit bellaitaliafeedback.hgem.com. Set menus cannot be used in conjunction with any other offer or discount, including Tesco vouchers. All information correct at time of printing. Adults need around 2000 kcal a day.