

Stage Kitchen

2 Courses £22, 3 Courses £25

Specials!
Please ask your server
for today's specials.

Starters

HOMEMADE SOUP OF THE DAY
Crusty baguette and butter (kcal on request) VE, GFA

BRUSSELS PÂTÉ
Thickly spread on sourdough bloomer or gluten-free toast, pickled gherkins, tomato chutney and dressed carrot & mixed leaf salad (1050 kcal) GFA

KOREAN FRIED CHICKEN
Spicy sweet and sour sauce, sesame seeds, spring onion (594 kcal)

SMOKED HADDOCK FISHCAKE
Melting cheddar centre, buttered spinach, chive & lemon hollandaise (417 kcal) GF

CRISPY SALT & PEPPER SQUID
Zesty lime dipping sauce (421 kcal)

Pizza

12" Stonebaked Italian pizza topped with tangy tomato sauce and mozzarella (1070 kcal)

CHOOSE UP TO TWO TOPPINGS:

Ham (71 kcal), Pineapple (25 kcal) VE, Portobello Mushroom (11 kcal) VE, Pepperoni (231 kcal), Beef Tomato (9 kcal) VE, Jalapeños (6 kcal) VE, Red Onion (18 kcal) VE, Fresh Chilli (7 kcal) VE, BBQ Pulled Pork (106 kcal), BBQ Pulled Mushroom (178 kcal) VE, Smoked Streaky Bacon (374 kcal), Diced Chicken Thigh (75 kcal), 'Nduja Sausage (312 kcal).

(Vegan cheese available on request.) (1088 kcal) VE

Mains

HAND-BATTERED HADDOCK AND CHIPS
Chunky tartare sauce, caramelised lemon, and your choice of mushy or garden peas. (1448 kcal)

10oz RUMP STEAK (£5 supplement)
Roasted beef tomato, field mushroom, chips, and watercress. (996 kcal) GF

CRISPY CHICKEN SCHNITZEL
Garlic butter, dressed leaf salad, and your choice of fries or crispy new potatoes. (1146 kcal)

BRIE & BEETROOT TART
Kale pastry, crispy new potatoes, and dressed leaf salad. (780 kcal) V, GF

10oz GRILLED BACON CHOP
Fried egg, chips, and peas. (1000 kcal) GF

GRILLED SEA BASS
Two sea bass fillets, pak choi, rice, and Malay curry sauce. (924 kcal)

Burgers

Our burgers are cooked to order and served in a brioche-style bun with tomato chutney, gem lettuce, beef tomato, red onion, and gherkin. Accompanied by seasoned fries, crisp onion rings, and red cabbage coleslaw.

6oz BEEF BURGER
Smoked streaky bacon, Monterey Jack cheese. (1764 kcal)

CRISPY CHICKEN BURGER
Crispy house coating, BBQ pulled pork, blue cheese sauce (1868 kcal)

THE BEYOND BURGER
Beyond Meat patty, BBQ pulled mushrooms, THIS Isn't Bacon, chipotle mayonnaise. (1900 kcal) VE

Pasta & Salads

SPICY 'NDUJA PENNE PASTA
Tangy tomato sauce, baby spinach, and Grana Padano. (1253 kcal) GF

CAESAR SALAD
Gem lettuce, Grana Padano, croutons, and creamy Caesar dressing. (856 kcal)

BUCKWHEAT SALAD
Broad beans, edamame beans, petit pois, and mixed leaf salad in a sweet mustard dressing. (470 kcal) VE, GF

CRISPY DUCK SALAD
Watercress, rocket, beansprouts, spring onion, blueberries, pomegranate seeds and hoisin dressing. (648 kcal)

CHOOSE UP TO 2 TOPPINGS:

Streaky bacon (373 kcal) GF, BBQ pulled pork (229 kcal) GF, grilled halloumi (357 kcal) V, GF, chargrilled chicken (202 kcal) GF, or BBQ pulled mushrooms (327 kcal) VE, GF.

Desserts

WHITE CHOCOLATE PANNA COTTA
Raspberry coulis and fresh berries. (396 kcal) GF

MANGO CHEESECAKE
Mango coulis and raspberry sorbet. (388 kcal) VE

APPLE BEIGNETS
Vanilla ice cream and salted caramel sauce. (572 kcal) V

PIÑA COLADA SUNDAE
Coconut ice cream, whipped cream, pineapple & rum jam, grilled pineapple, and toasted coconut (978 kcal) V, GF ** Contains Alcohol

Sides

CHIPS
£2.95 (393 kcal) VE, GF

FRIES
£2.95 (421 kcal) VE, GF

NEW POTATOES
£1.95 (241 kcal) VE, GF

CRISPY NEW POTATOES
£1.95 (248 kcal) VE, GF

GARLIC BREAD
£3.95 (466 kcal) V

SEASONAL SALAD
£2.95 (35 kcal) VE, GF

GREEN VEGETABLES
£3.95 (209 kcal) VE, GF

ONION RINGS
£3.95 (556 kcal) VE

Allergy Notice

Please note that we store, handle and prepare a range of ingredients that contain food allergens and cannot guarantee that our dishes are allergen-free due to the potential of cross-contamination.

Weights are before cooking.
Prices include VAT.

(Adults need around 2000 kcals per day.)

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**3pm – 6pm,
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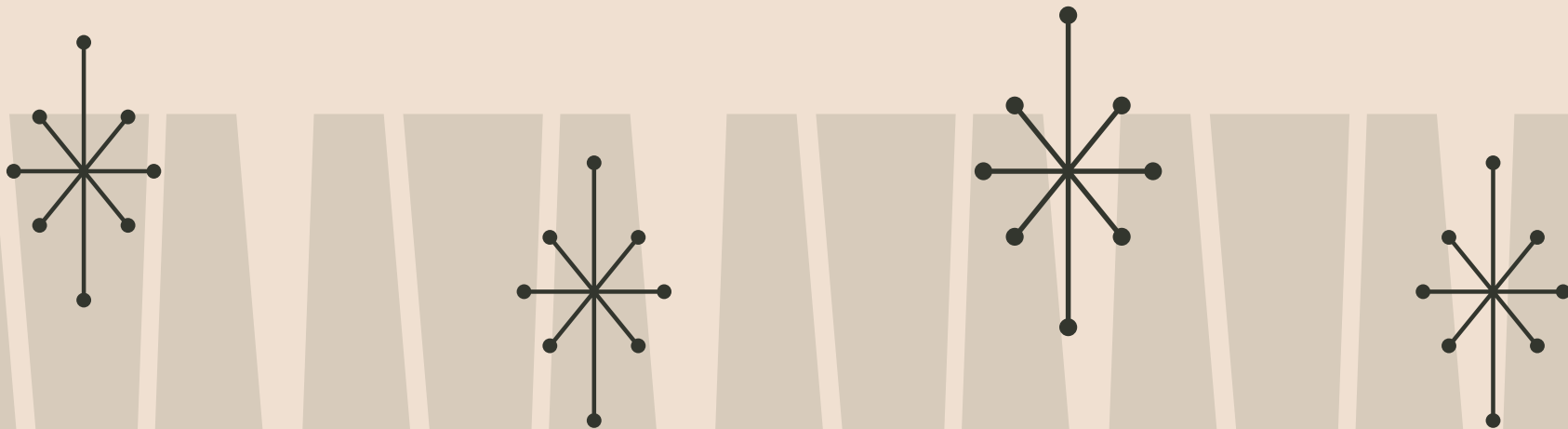
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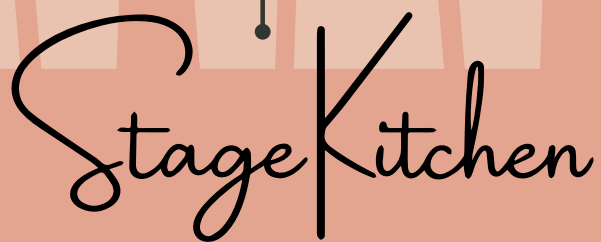


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